



UNDER THE UMBRELLA

OCTOBER 2016

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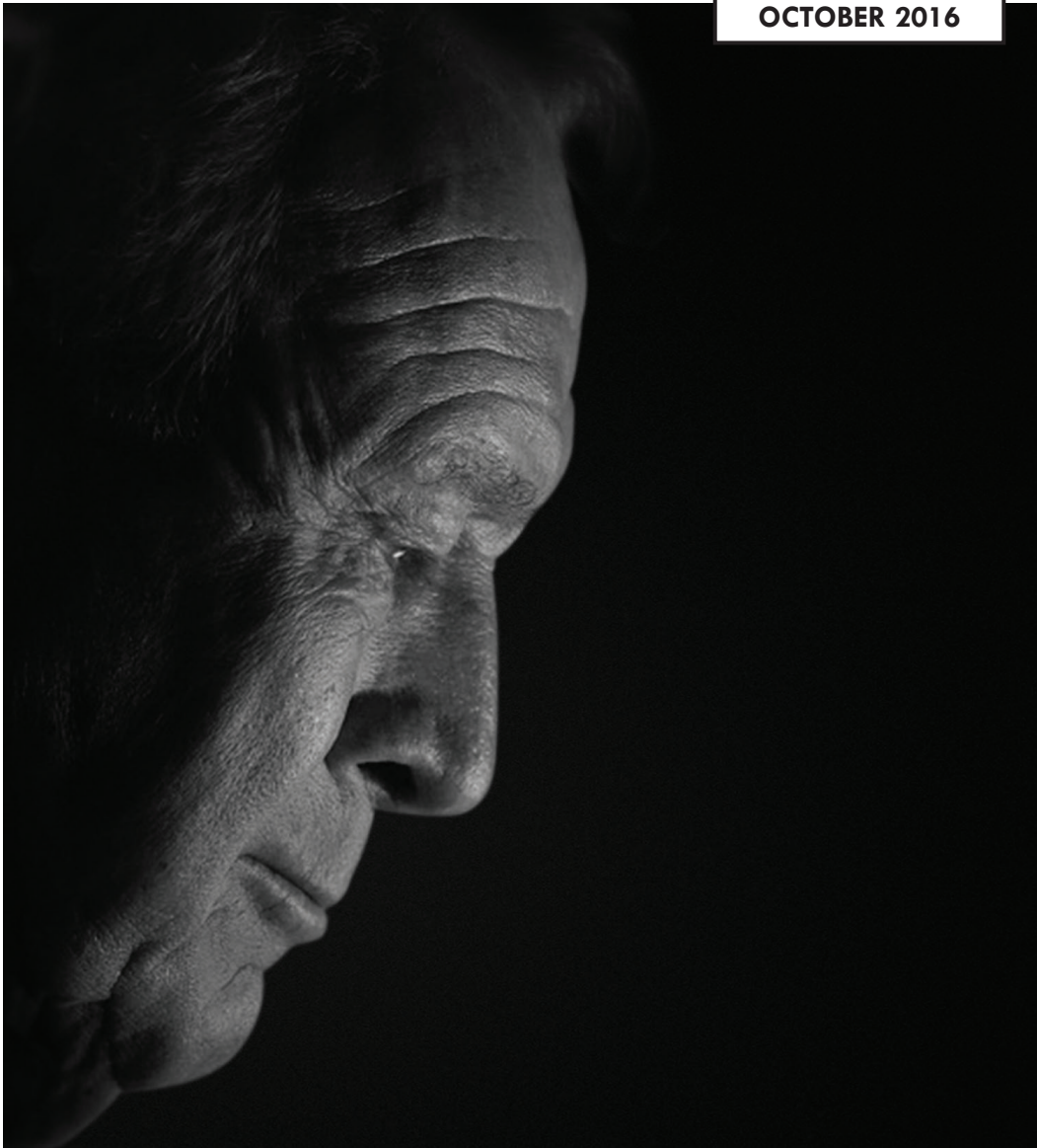
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Bay Hill Club Staff

- Ray Easler**
 Vice President, Hospitality
- Jeanine Christoffersen**
 Human Resources Director
- Brian Dorn**
 Director of Golf
- Chris Flynn**
 Golf Course Superintendent
- Zach Ganger**
 Director of Tennis
- Todd Harris**
 Head Tennis Professional
- Leigh Anne Huckaby**
 Marketing Manager
- Carole Lasky**
 Membership Director
- Robert Lee**
 Executive Chef
- Terry McMullen**
 Director of Operations
- Bill Parrish**
 Controller
- Magie Pickens**
 Rooms & Spa Services Manager
- Wes Rincon**
 Food & Beverage Director
- Roy Schindele**
 Director of Sales & Marketing
- Teresa Walls**
 Member Services Director

9000 Bay Hill Boulevard
 Orlando, FL 32819
 407-876-2429
 www.bayhill.com



With Great Sadness, We Honor Our Beloved

Arnold Palmer

1929-2016



Inside the White Stakes

By Brian Dorn

SEPT 16: Bob Yount aced the 7th hole of the Charger with his 9-iron shot from 113 yards. It was Bob's 3rd lifetime hole-in-one, with the other 2 coming on Bay Hill's 17th hole and the 3rd hole of the Stadium Course at Sawgrass. Congratulations, Bob!



Bob Yount

We are all excited to have the Champion course back in play on October 1. I hope many of you have taken advantage of the special guest rate extended through the summer months (\$35 including cart and range). Beginning October 1, with the Challenger/Champion course now available, we will be extending the traditional summer guest rate, \$70 + \$23 (cart & range), through the end of 2016 -- \$20 off our traditional "in-season" guest rate.

"MONDAY OUTING" SPECIAL: A special guest rate of \$50 (including cart and range balls) will be extended to your accompanied guests on Mondays after the scheduled outing. You may have up to 7 guests per member at this rate. This rate is in effect October 3, 10, 17 & 31.

EZ-GO RXV GOLF CAR FLEET TURNOVER IN NOVEMBER: Our annual golf car fleet turnover is scheduled for November 9-10. As in past years, EZ-Go is allowing our members the opportunity to purchase the one year-old golf cars off our lease – this year's price will be \$4,550 + tax for the standard fleet cars. The

deluxe cars (only 3 available @ \$4,850 + tax) have already been reserved and there is currently a wait list. If interested in purchasing one of the standard fleet vehicles, please contact me by phone (407-876-8030) or email (bdorn@bayhill.com).

PRIVATE GOLF CAR USAGE: Please remember, private golf car usage on the golf course is only permitted for members registered for Trail Fees. This program is available to resident members for a fee of \$2,000 and to non-resident members only for a fee of \$1,200. Only those members on the Trail Fee program with a current valid registration tag are able to use a golf car on the Challenger/Champion or Charger golf course. All other vehicles must be parked in the parking lot or left with our staff at the golf car staging area. For more details on the Trail Fee program, please contact our Golf Professional staff.



NOVEMBER OVERSEEDING: We will overseed all areas of the Challenger/Champion course except for the greens on November 9 (Challenger) & 10 (Champion). The Charger course will not be overseeded. The overseeded nine will be closed the day of the procedure, however, we will still have 18 holes of golf available each day. Following this procedure we expect to be under "cart path only" restrictions the remainder of November.

UPCOMING EVENTS:

- October 2..... 9-Hole Sunday Scramble (3:00 pm – Charger)
- October 3..... Outside Event (8:30 am shotgun) – Special guest rate available in the 2 pm shotgun
- October 6..... 9-Hole Fall Scramble (9:30 am shotgun – Charger)
- October 9..... Junior Club Championship
- October 10 Outside Event (8:30 am shotgun) – Special guest rate available in the 2 pm shotgun
- October 13 BHWGA Guest Day (8:30 am shotgun)
- October 16 Mixed Golf (8:30 am shotgun)
- October 17 Outside Event (8:30 am shotgun) – Special guest rate available in the 2:30 pm shotgun
- October 21 PING Demo Day (11:00 am—3:00 pm)
- October 25 9-Holers Member-Guest (9:30 am shotgun)
- October 26-27 BHWGA President's Cup
- October 31 Outside Event (9:00 am shotgun) – Special guest rate available in the 2:30 pm shotgun
- November 2-5..... Men's Member-Guest



Keepin' It Green

By Chris Flynn

I would like to first thank everyone for their patience and understanding over these past few months as we restored the back 9 greens. I would like to briefly review what the process entailed as well as highlight what other projects were completed.

Greens 10 thru 18 were stripped clear of sod and cored out to a depth of 5". New greens mix was installed and were then planted with TifEagle turf. As part of this process, all of the collars were stripped, regraded, and planted with Celebration turf. This collar work was duplicated on a smaller scale on the front 9 greens as well to improve their contours and surface drainage.

The pond on #11 was enlarged so as to improve turf conditions (eliminate low/wet area) along the lake bank which gives us the ability to take the fairway cut closer to the pond. It will also put an emphasis on accuracy off the tee as the landing area has certainly been narrowed.

With the excess fill that was removed from #11, we were able to renovate #3 pro tee. It was raised and more than doubled in size. It now offers multiple tee locations, providing a new strategic challenge.

Cart path renovations have been made at #8 green, #9 tee, #16 fairway, and at #7 tee on the Charger. And the brick pavers at #7 bathroom were repaired. Landscape enhancements were completed at #3 tee complex, #7 bathrooms, #11 tee, #14, and at #18 tee.

This work, along with all of our normal aerification practices, certainly made for quite a busy summer. As we roll into the Fall season our emphasis will be placed on dialing turf conditions, detail work like edging beds and installing pine straw. This will all lead into overseeding, which occurs in early November.

Along with the changes above, there have also been changes within our department with the addition of three new members to the management team. In the next newsletter, I will provide a profile on our Senior Assistant Superintendent, **Nick Flynn**, 2nd Assistant Superintendent, **Spencer Workman**, and 2nd Assistant Superintendent, **Alex Smoot**. I am excited by their addition to our team and in how I know it will aid in our efforts to take our operation to a higher level.

I would really like to place an emphasis on reaching out to me with any concerns or suggestions. I would sincerely welcome any feedback, whether positive or negative. I can only be more effective in my position if I know how our members feel about the golf course. The best way to contact me is via email at cflynn@bayhill.com.

And as always, please do not hesitate to contact me or flag me down out on the course with any concerns or suggestions. 'Til then, hit 'em straight!



FALL 2016 INSTRUCTION SPECIALS

4 FOR 3 LESSON PACKAGE

September 1 – December 31, 2016

The Professional Staff will be offering 4 lessons for the price of 3 through the end of 2016. Take advantage of this great offer (25% discount) and get your game heading in the right direction. Lessons can be divided into full hour, 1/2 hour, or playing instruction (cart and green fees are additional).

\$300 for 4 hours of instruction (25% discount),
regularly \$400 (member pricing)

PLAYING LESSONS

This is a great opportunity for you to improve your course management skills, determine your strengths and weaknesses, and learn how to recover from all situations on the course.

\$75 per person
maximum 3:1 student to teacher ratio
Call to check for available lesson dates and times

LADIES' CLINICS

Monday mornings 9:00 a.m. – 10:00 a.m.
Monday afternoons 4:00 p.m. – 5:00 p.m.
September 19 – October 24
\$30 per person / clinic

Topics to include:
Full Swing (with Video), Bunker, Putting, Pitching,
Chipping, Trouble Shots and more.

Participation in golf instruction programs and clinics is open to all Bay Hill members (additional cart & green fees may apply.) Please contact Blake Terry (bterry@bayhill.com) or the Golf Shop to sign up or to receive more details.

9-HOLERS NEWS

By Diana Freund

Board members of the Nine Hole League were ready to greet new and returning members at the August 30 Ladies' Season Kick-Off Coffee. Golf members who are not quite sure what Nine Hole Golf is all about are invited to play a round with the group some Tuesday morning. Contact any officer to make arrangements. As always, many thanks to the Club for providing a beautiful buffet and for the great deals on golf wear!

On September 6, the Nine Holers kicked the season off with a Nine Hole Opening Scramble and a Mad Hatter's Luncheon. Members got in the spirit with some inventive costumes and table arrangements. Many thanks to **Linda Schumacher** and **Jamie Lazzaro** for making this a great event; congratulations to all our winners!

2016/2017 Officers:
Linda Schumacher, 1st VP;
Jane Imfeld, President;
Diana Freund, Secretary;
Marjean Lynch, Treasurer;
Cindy Blackburn, 2nd VP



Denise Martin & Michele Hunter shopping



Nancy Beasley, Mary Maher, Cheryl Nassau, Lisa Cambre



Big & Little Sisters:
Linda Schumacher/Cheryl Barger & Teri Zayas/Robyn Larson



Mad Hatter's Tea Party Opening Scramble: Linda Schumacher, Chairwoman, & Jamie Lazzaro



1st Team: Robyn Larson, Teri Zayas, Carol Lytle, Gina Rice



2nd Team: Bobbie Kobberman, Karen Smith, Leslie Shassian, Cheryl Barger

18-HOLERS NEWS

By Beth Bagwell

BHWGA continued to dominate the summer SWOGL league as we claimed 1st place for yet another year! It was a perfect way to welcome our new 2016/2017 Board, headed up by President **Cynthia Giamalva**.

Board members were on hand to greet all returning BHWGA members, but more importantly to welcome all of our newer members at the annual Ladies' Kick-Off Coffee on August 30. We are looking forward to a fun and successful year.

A big thank you to **Pam DuPont** for organizing our Opening Scramble. We had a record attendance!



SWOGL Players at Final Match



2016/2017 Officers: Cynthia Giamalva, President; Bobbie Elbert, Treasurer; Kathi Marinari, Secretary; Christina Korpolski, Vice President



1st Team: Mary Casamento, Bobbie Elbert, Pam DuPont, & Setsi Day



2nd Team: Cindy Kinjo-Hardart, Becky Crowley, Terri Fishman, & Christina Korpolski



Closest-to-the-Holes: Diana Freund, Cynthia Giamalva, Karen Smith, Cindy Blackburn



Liz Martin, Linda Cardilli and Becky Crowley at the Ladies' Season Kick-Off Coffee



Zach's Spin

By Zach Ganger

We hope that you had a great summer and are as ready for this heat to leave as we are! We have had an exciting start to our season and are looking forward to continuing our hard work and team comradery. We have already had some close matches and have enjoyed watching everyone step up their games and rise to the occasion! It is a long season and we hope that everyone is as excited to be back competing as we are watching you compete.

Thanks to all that were able to make it to our Bay Hill season kick-off party last month. We had a great turnout and look forward to having a few more gatherings in the future. This month, we will be having 2 social events. Our first will be a **CANCER AWARENESS EVENT** on Thursday, **October 20** from 9:00am to 11:00am. The entry fee for this event is \$20 per person and all proceeds will go towards an organization which you will get to decide.

Our second event will be our annual **HALLOWEEN SOCIAL** on **Friday, October 28** from 6:00pm to 8:00pm. To register, please sign up in the Pro Shop.

Last but not least, mark your calendar for PICKLEBALL on November 7. This will be our second time offering PICKLEBALL here at Bay Hill and we hope that you will be able to attend. Don't know how to play? No problem! We will have staff available to demonstrate and teach you the fun game of PICKLEBALL. We will be playing from 4:30pm to 6:00pm on Monday, November 7. We look forward to seeing you then!



TENNIS TIP

by Deb Ballerino
(as published in *Tennis Magazine*)

EQUAL DISTANCE VOLLEYS

The easiest rule to follow when hitting a volley is "equal distance and beyond." For example, when you are volleying from the service line, you need to aim at the service line or beyond on the opposite of the court. Too many recreational players try to hit a short-angle volley from the service line. Instead, knock the ball back deep and close in on the net. You will increase your chances of being in proper position to hit a short angle and win the point. So the next time you miss a volley, stop, look where you are on the court, and think equal distance.

LADIES' TEAM TENNIS NEWS

By Ann Badger

It's a new season of WAIT Tennis and our teams are off to a great start. The A team, now playing in Division A1, kicked off with a convincing 4-1 win over Winter Park Racquet Club and the B team also had a great win, 4-1 vs. Interlachen.

The C team, who were promoted up two levels this year to Division C+, started with a tough 1-4 match against Winter Park.



OCTOBER'S HOME MATCH SCHEDULE:

- Wednesday, Oct. 5B Team vs. Tuscawilla
- Friday, Oct. 7Classic Team vs. OTC
- Tuesday, Oct. 11C Team vs. Lake Cane
- Wednesday, Oct. 12A Team vs. Azalea
- Friday, Oct. 14Classic Team vs. Winter Park
- Wednesday, Oct. 19A Team vs. Sanlando
- Friday, Oct. 28Classic Team vs. Red Bug



Health Matters

By Magie Pickens

Babor Fall Sale

Do you need a reason to schedule a facial? This month, 'Fall' back into great skin care with our "End of the Summer" Facial Special and receive 40% off all Babor products with the purchase any facial. In addition, you can enjoy further savings with a glycolic peel add-on to any facial for just \$35. (reg. \$45) Glycolic acid peels are recommended to shrink pores and improve the overall look of skin on your face and neck. Check out some of the positive results that can last for several months:

Pores Look Smaller: Pores appear enlarged when they are clogged with dirt and bacteria, resulting in blackheads. The dirt and bacteria that can clog pores is loosened, which makes the pores look smaller.

Improves Acne: By delivering a stronger dose of glycolic acid than many over-the-counter acne treatments contain, the peel targets problem areas and removes layers of breakout-causing dirt, bacteria and dead skin cells from your face and neck.

Reverses Sun Damage: Extended exposure to the sun can cause discoloration and dark spots on the surface of your skin. Glycolic acid peels expose a fresh layer of skin and less the appearance of sun-related spots

Anti-Aging: Glycolic acid works to strengthen deep layers of your skin, which helps to soften fine lines and gives your face a fresh, more plump appearance.

Our new Cardio Fitness Equipment is here! Be sure to stop by the Fitness Center to see how the new features can help you achieve your fitness goals.



Fitness News

By Tim Shuman, C.S.C.S., RKC

Thoughts on Weightlifting

Lifting weights burns calories. Your body burns energy to lift weights. The heavier the weights, the higher the intensity and the more calories you burn. Especially if you do full body exercises like Squats. This is why lifters can eat more healthy foods than average people without getting fat.

Lifting weights boost your metabolism. They call this "after burn" or EPOC. You continue to burn more calories the hours after you're done lifting weights. This helps you lose fat. Lifting weights builds muscle; cardio does not. Nor does a low calorie diet., only lifting weights does. The stronger you get, the more weight you can lift, and the more muscular, NOT bulky, you will be.



Lifting weights prevents muscle loss. Low calorie diets and excess cardio BURN muscle. This leads to the unhealthy and unattractive skinny-fat look. Yet lifting weights builds muscle and prevents muscle loss from dieting, aging, etc. It makes you healthier and more attractive while losing fat.

Lifting weights makes you look slimmer. Muscle is denser than fat. So by lifting weights you'll build muscle, lose fat and look slimmer than before – at the same weight. Think of muscle as a brick and fat as a pile of feathers.

For help with proper weightlifting technique and program options, please feel free to contact me at The Spa at Bay Hill at 407-876-8011.

SPA & FITNESS CENTER Hours of Operation and Class Schedule

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-----------------|---------------------------|-----------------------------------|-------------------------------------|---------------------------------------|------------------------------------|--|
| 7 a.m. - 7 p.m. | 6 a.m. - 8 p.m. | 6 a.m. - 8 p.m. | 6 a.m. - 8 p.m. | 6 a.m. - 8 p.m. | 6 a.m. - 8 p.m. | 7 a.m. - 7 p.m. |
| | IBurn Cardio 7:30 a.m. | Rise & Shine Yoga 7:30 a.m. | Full Body Circuit 7:30 a.m. | Pilates 7:30 a.m. | U-Jam Cardio 7:30 a.m. | Strength Endurance Conditioning 8:30 a.m. |
| | Active Body 8:30 a.m. | | Aqua Aerobics 8:30 a.m. | Arnie's Army Bootcamp 8:30 a.m. | Grand Slam Fitness 8:30 a.m. | |
| | | | Hole-in-One Fitness 8:30 a.m. | Yoga 4:30 p.m. | | |

DINING NEWS & EVENTS

Ladies' Annual

HOLIDAY FASHION SHOW & LUNCHEON

Friday, November 11
11:00 a.m. · Palmer Terrace

Fashions presented by
bloomingdales

Mark your calendar and start the holiday season early by joining us for a morning of food, fashion and flair.

Menu

Caprese Salad
with balsamic drizzle
Club & Pretzel Rolls and Mini Muffins
Chicken Limon
Sautéed breast of chicken with mushrooms,
capers, lemon and a splash of pinot grigio wine,
garnished with jumbo lump crab meat
Sautéed Asparagus
Jasmine Rice Pilaf
Coffee and Tea Service
Tartufo
Vanilla gelato with a hint of hazelnut,
covered in chocolate with a cherry center

\$24.95⁺⁺ per person

Reservations are required. Seating is limited.
24-hour cancellation policy applies. Please call the
Special Events Reservation Line at 407.876.8005.



Ladies' Lunch & Learn! **dōTERRA® Essential Oils!**



Friday, October 21
10:30 a.m. · Palmer Terrace

Start the ladies fall season with a new event! If you haven't been to one, this is one you won't want to miss! Feeling tired, can't shake that cold, not getting a good night's sleep, sore muscles from hitting too many golf or tennis balls? Come learn about essential oils as presented by Sam Chopra, Fran Ciaccio Louth and Jen Abell. Essential oils are the life force of the plant, much like our blood, and are administered topically, aromatically or internally. Come learn how to improve your health and well-being. We will have a drawing for a special giveaway and each lady will receive a complimentary sample. Guests are welcome.

Menu

Salad Sofia
chopped romaine lettuce and baby greens topped with shrimp
salad and surrounded by grilled marinated vegetables,
drizzled with champagne vinaigrette
Club & Pretzel Rolls
Lavender Oil Cupcake
with Haagen-Dazs vanilla ice cream
Coffee & Tea Service

\$18.95⁺⁺ per person

Reservations are required. Seating is limited.
24-hour cancellation policy applies. Please call the
Special Events Reservation Line at 407.876.8005.

DINING NEWS & EVENTS



DINING HOURS OF OPERATION

Grill & Classic Rooms

Breakfast 6:30 a.m. to 11:00 a.m.

Lunch 11:00 a.m. to 2:00 p.m.

Bay Window

2:00 p.m. to 10:00 p.m.

Terrace Café

11:00 a.m. to 7:00 p.m.

Members Lounge

5:00 p.m. to 10:00 p.m.



Family Pumpkin Patch!

Friday, October 14

4:30 p.m. – 6:30 p.m.

Bay Hill Pumpkin Patch

(Grassy area at end of 2nd Lodge)



Parents, goblins and ghouls (costumes optional) of all ages join us for a stroll through the pumpkin patch and pick out your very own pumpkin to take home and carve or decorate! Enjoy our complimentary “treats without tricks” and favorite fall refreshments!

Members only, please. RSVP required. Please call the Special Events Reservation Line at 407.876.8005.

On the Front Burner By Executive Chef Robert Lee



Jalapeño Corn Cakes

- | | |
|----------------------------|------------------------|
| 3/4 cups yellow cornmeal | 1 eggs, beaten |
| 1/4 cup flour | 1/4 cup buttermilk |
| 1/2 teaspoon baking powder | 1/2 tsp garlic powder |
| 1/2 teaspoon salt | 1/2 tsp black pepper |
| 1/2 teaspoons hot sauce | 1/2 tsp onion powder |
| 2 Tbsp. minced onions | 1/2 tsp cayenne pepper |
| 1 fresh jalapeños, minced | 1/2 cup oil |

In a mixing bowl, combine the dry ingredients, hot sauce, onions, and jalapeños. Stir in the eggs and milk. Mix until fully incorporated. Pre-heat a non-stick skillet and brush the bottom of the pan with oil. Spoon batter into the skillet and prepare like traditional pancakes turning over when brown.

OCTOBER

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----------------------------------|---|---|---|--|---|-----|
| | | | | | | 1 |
| 2 Sunday Scramble 3:00 p.m. | 3 Outside Event 8:30 a.m. | 4 9-Holers Play Day | 5 | 6 BHWGA Play Day 8:30 a.m. | 7 | 8 |
| 9 Junior Club Championship | 10 Outside Event 8:30 a.m. Ladies' Bridge 12:45 p.m. | 11 9-Holers Play Day | 12 | 13 BHWGA Guest Day 8:30 a.m. | 14 FAMILY PUMPKIN PATCH 4:30 p.m. to 6:30 p.m. | 15 |
| 16 Mixed Golf 1:30 p.m. | 17 Outside Event 8:30 a.m. | 18 9-Holers Play Day & Clinic 8:30 a.m. | 19 | 20 BHWGA Play Day Tennis "Cancer Awareness" Event 9:00 a.m. to 11:00 a.m. | 21 LADIES' LUNCH & LEARN... dōTERRA ESSENTIAL OILS 10:30 a.m. PING Demo Day 11:00 am | 22 |
| 23 | 24 Ladies' Bridge 12:45 p.m. Outside Event 1:00 p.m. | 25 9-Holers Member-Guest 9:30 a.m. | 26 BHWGA President's Cup Round 1 | 27 BHWGA President's Cup Round 2 | 28 OCTOBERFEST 6:00 p.m. to 8:00 p.m. Tennis Halloween Social 6:00 p.m. to 8:00 p.m. | 29 |
| 30 | 31 Outside Event 9:00 a.m.  | | | | | |



9000 Bay Hill Boulevard
Orlando, FL 32819

Welcome New Members

*Please join us in welcoming the following
new members to the Bay Hill Club:*

Ross & Vanessa Astrup

Young Executive Golf

Roy Arnason

Resident Golf

Whit & Susan Gilman

Resident Corporate Golf

Mark & Ginny Bissonnette

Resident Corporate Golf

John & Melanie Harlove

Social

Henry & Jacquelyn Harlove

Social

Matt & Nicole Bohannon

Resident Corporate Golf

