



# UNDER THE UMBRELLA

**JANUARY 2017** 

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### **Bay Hill Club Staff**

Ray Easler Vice President, Hospitality

**Brian Dorn** Director of Golf

Chris Flynn Golf Course Superintendent

Zach Ganger Director of Tennis

Todd Harris Head Tennis Professional

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Roy Schindele Director of Sales & Marketina

Teresa Walls Member Services Director

> 9000 Bay Hill Boulevard Orlando, FL 32819 407-876-2429 www.bayhill.com



Start the New Year by joining us for our

# Fresh Catch Buffet!

Friday, January 27 Classic & Palmer Rooms 6:00 p.m. - 8:00 p.m.

Buffet

**Bay Hill Salad Bar featuring:** 

**Mixed Salad Greens** Shredded Cheddar Cucumber **Sliced Beets Shredded Carrots Plum Tomatoes** Bleu Cheese **Bean Sprouts** 

with low-fat Ranch, balsamic vinaigrette and champagne vinaigrette

Roasted Vegetable Salad Italian Vinaigrette Coleslaw Seasonal Fruit Salad Chilled Peel-n-Eat Shrimp **Snow Crab Clusters** Salmon Piccata

topped with lemon, capers, a bit of butter and a splash of chardonnay Oven-roasted New Potatoes

Green Beans

Frozen Vanilla Yogurt Bar featuring: sliced strawberries, pineapple, blueberries, House granola topping, almond slivers and dark chocolate sauce

\$26.95++ per person • \$13.95++ per child (ages 4-12)

Reservations are required. 24-hour cancellation policy applies. Please call the Special Events Reservation Line at 407.876-8005.



# Inside the White Stakes By Brian Dorn

**Nov 27: Chris Wilson** recorded his first lifetime hole-in-one when he aced the 186-yard 2nd hole with his 6-iron. Congratulations, Chris; I anticipate that being the first of many!

BAY HILL RYDER CUP: NATIONAL TEAM EVENS THE SCORE! Larry Longenecker made it 2 for 2 as captain of the National team as they defeated Ron Jackson's International squad in the 7th edition of the Bay Hill Ryder Cup – the overall standings are all square as both teams have 3 wins and 1 draw. The popular two-day event featured spirited competition and camaraderie among the 24 contestants and their spouses. The Nationals took the Four-Ball matches  $4\frac{1}{2}$  to  $1\frac{1}{2}$  but the Internationals drew almost even following their domination of the Foursome matches (4 to 2). The win was still up for grabs late in the Singles matches as the first 8 matches split but the National's strength in the final matches proved too much for the International team, pulling out a 14-10 victory. Celebrating the victory with Larry were Ray Coudriet, John Rex, Glenn Stafford, Gary White, Doc Malone, Mark Hutton, Glenn Blackburn, Tony Hajek, Chris Bessette, David Bansmer, Jamie Zweifel and Derek Rachelli.

# JAN 24-27 PGA MERCHANDISE SHOW AT THE ORANGE COUNTY CONVENTION CENTER

This event draws a very large golf-seeking contingent to the area every year. This represents one of our busiest weeks of the year, with tee times often sold out every day of the week. If you have plans to play that week, please be sure to reserve your tee times 7 days in advance per our tee time policies. If you wait until the last minute to book your tee time, the likelihood of tee time availability is slim. When making a tee time, please provide names of all golfers in your party – if you will be hosting a golf professional that week, please provide that information as well. We appreciate your assistance.

**MAINTENANCE MONDAYS:** Beginning in January, the Challenger/ Champion will be closed until 11:00am, at which time we will have a double tee start. Available tee times will be as follows: January 2-30: 11:00am - 12:50pm (except

January 16 – open at 7:30am)

February 6 - March 6: 11:30am - 1:20pm

### **API PREPARATIONS AND PLAY RESTRICTIONS**

As we prepare for the 2017 Arnold Palmer Invitational, it is necessary to reduce the amount of wear and tear by limiting the number of rounds played on a daily basis. We must cap rounds at 120/day 2 weeks prior to the event and 100/day during advance week. This is still considerably more play than the PGA Tour would like to see so close to the event, but we want to allow our members the opportunity to enjoy the golf course in its pre-API condition. In order to keep rounds under the daily cap and still provide an acceptable level of course access to the membership, we must limit the amount of guest play. Members may have only one guest per day February 27 - March 9; no guest play is permitted March 10-11. Additionally, we have reduced the number of rounds allocated for lodge guests in order to allow greater course access for our members. If you are planning to invite guests to visit during this period and stay in our lodge, it is imperative you check tee time availability as soon as possible as lodge allocated tee times are already sold out for many of the days in this 2-week window.

**CLUB RULE REMINDER:** Due to increased demand for starting times, the Club's winter season guest policy took effect on December 1:

### ACCOMPANIED GUEST PLAY

Rule 10.07 December 1 – April 30: Members may have no more than one guest on Saturdays before noon during the winter season and no more than three guests on all other days unless they are staying at the Bay Hill Lodge.

### UNACCOMPANIED GUEST PLAY

Rule 10.08 December 1 – April 30: Members may call the Golf Shop to arrange a starting time no more than 3 days in advance for play Monday – Thursday only, based on availability.

## **UPCOMING EVENTS:**

Jan 8	9 Hole Sunday Scramble (2:00pm shotgun – Charger)
Jan 11	
Jan 14	Junior-Senior Championship
Jan 15	Mixed Golf (12:30pm shotgun start)
Jan 19	BHWGA Guest Day (8:30am shotgun start)
Ian 24 8 31	O Holors Prosident's Cup

# BAY HILL/LAKE NONA PRO-MEMBER-GUEST RESULTS



# **DOUG STEPHENS & WADE ONEY** 2016 Bay Hill/Lake Nona Pro-Member-Guest Champions

#### **MEMBER-GUEST TEAMS**

1 st	Wade Oney/Doug Stephens (BH)	59-60-119
2nd	Jamie Bolton/David Bolton (BH)	61-59-120
3rd	Scott Elliott/Brian Faust (BH)	61-62-123
4th	Gary White/Jason Stoss (BH)	62-62-124
5th	Craig Ratick/William Cusick (BH)	63-62-125
T-6th	Maurice Chao/Dave Gordan (LN)	66-60-126
	Rick Hilmer/Dan Weeks (BH)	63-63-126
	Al Little/Mark Lewis (LN)	63-63-126
	Eric Whitten/Brad MacGregor (LN)	62-64-126
	Dennis DeCarlo/Mike Ortiz (BH)	64-62-126

### **PROFESSIONALS**

1st Place

85

	SSIGNALS	
1 st	Rod Perry (Crane Lakes G&CC)	68-68-136
2nd	John O'Leary III (Bay Hill)	73-69-142
	Cary Splane (Marsh Creek CC)	71-71-142
4th	Nick Frontero (Tee It Up Academy)	71-72-143
5th	Dave Damesworth (Orange Tree)	73-72-145
	Steve Lamontagne (Suntree CC)	70-75-145
7th	Stan Cooke (Stone Creek GC)	73-73-146
	Chris Zumpano (Oak Hill CC, NY)	74-72-146
9th	Tom Garner (Bay Hill)	<i>71-76-147</i>
	Matt Borchert (Isleworth)	<i>76-71-147</i>



# COUPLES CLUB CHAMPIONSHIP RESULTS DECEMBER 18

<u>Net</u>		
1st Place	67	Lee & Debora Carswell
2nd Place	68	Dale & Cheryl Barger
T-3rd Place	68.5	Mitch & Kathi Burke
		Paul & Mary Reynolds
T-5th Place	69	Peter & Cynthia Giamalva
		Joe & Evelyn Cleveland
T-7th Place	69.5	Tom & Christina Korpolinski
		David & Sara Ball
<u>GROSS</u>		

**Hugh & Janet Thompson** 



# Keepin' It Green By Chris Flynn

A famous college basketball coach once remarked that recruiting was like shaving, miss just one day and you look bad. I think the same could be said about golfer etiquette.

Golfer etiquette is an all-encompassing term that refers to demeanor, adherence to course maintenance rules, and dress, among other issues. However, most associate it with ball mark repair, divot replacement and raking bunkers. Take a moment and consider what a course would look like if patrons were excused from any of these activities for just one day. A well-managed facility would look like a battlefield.

The basis for ball mark repair and divot replacement is for competitive and agronomic reasons. Balls that land in unrepaired divots place a golfer at a disadvantage, just as having to putt over a ball mark. By leaving turf damaged (unrepaired), it becomes susceptible to disease and/or infestation of weeds, resulting in a lower quality of playing surface.

BALL MARK REPAIR — As a general rule, a ball mark repaired within 10 minutes will heal with a smooth surface in two to three days. An unrepaired ball mark may take as long as three weeks to heal, but the result will be an uneven surface.

REPLACING DIVOTS — Rules here vary from course to course based on geography and grass types. As a general rule here, always replace the divot if possible. This way the patch of grass will quickly send down new roots. Try to replace the turf in the same direction it came out, and tap down firmly so a mower won't pull it back out.

If not possible, then use the sand provided in the container on the golf car. Fill the divot hole and tamp down the sand with your foot.

RAKING BUNKERS — Bunkers pose enough trouble themselves let alone when they are left unraked. To avoid leaving a poor playing surface, follow these tips:

- Enter/exit at the point closest to your ball. This ensures you do not displace too much sand.
- Alternate between pulling the sand toward you and pushing it away from you to make the surface even.

Rake Placement — we are currently doing a trial where we are placing the rakes in the bunkers. There is no official golf ruling concerning rake placement, personal preference dictates where they go. Being in the bunker serves two important issues in my opinion:

- They are certainly more visible. When placed outside, rakes can be almost invisible sitting in the rough.
- They are not in the way of our mowers. If placed outside, the mowers have to stop, get off their machines and move the rakes, then mow the area, then get off their machine again to place the rake back where it goes. Quite time consuming when you account for all the rakes out there.

Please share your thoughts about rake placement with either myself or with Brian & Blake.

As always, please do not hesitate to contact me or flag me down out on the course with any concerns or suggestions. 'Til then — Hit 'Em Straight!

## 9-HOLERS NEWS

By Diana Freund

November's activities began with the 9-Holers Exchange on November 15. Using a Wild West theme, Teri Zayas and Christie Rex created a welcoming, fun event to entertain girls from nearby clubs. Linda Schumacher, Becky Crowley, Robyn Larson and Mary Maher led the winning teams. This event was followed by The Nine and Wine, mixing 9 and 18 hole leagues and including the husbands for dinner. Thanks to Becky Crowley, Terri Fishman and Susan Latorre for a very special event!

As we moved into December, **Elaine Johnson** graciously hosted the Nine Holers for a Holiday Cookie Exchange. Thank you, Elaine!

The two day Ringer's Tournament ended December 6 with winners in each flight, including Linda Schumacher, Mary Maher, Megan Noland and Cindy Blackburn.

Superstars with a net 33, were Nancy Beasley, Cheryl Barger, Carol Lytle and with a net 28, Cindy Blackburn.



9-Holer Exchange "Calling All Cowgirls" Chairwomen, Teri Zayas & Cristie Rex



1st Team: Millie Murray, Susan Nelson, Linda Schumacher & Patsy Fawsett



Nine & Wine 1st Team: Paula Hodges & Judy Booth



Nine & Wine Chairwomen, Becky Crowley, Terri Fishman & Susan Latorre



Cheers! Jane Imfeld, Megan Noland, Michele Hunter & Elaine Johnson



Cookie Exchange: Becky Crowley, Robyn Larson, Paula Hodges, Ede Nault, Lisa Baxter

## **18-HOLERS NEWS**

By Beth Bagwell

A big congrats to our 2016 winner of the Arnold Palmer Cup...Paula Hodges. Other winners, in order, are: Pam DuPont, Mary Maher, Terri Fishman, Linda Cardilli, Linda Schumacher, Julie Byrd and Cynthia Giamalva. Great prizes were awarded and many thanks to Christina Korpolinski for coordinating the tournament.

The November mixed golf event was a big success with Judy & Jack Walter and Debby Haynes & Susie Keane taking 1st place!



Paula Hodges, 2016 Arnold Palmer Cup Champion



AP Winners: Champion Paula Hodges, 2nd Pam duPont, 3rd Mary Maher, 4th Terri Fishman (not shown), 5th Linda Cardilli, 6th Linda Schumacher, 7th Julie Byrd, 8th Cynthia Giamalva



November Mixed Golf Winners: Judy & Jack Walters, Debby Haynes, Susie Keane



## Zach's Spin By Zach Ganger

We hope you had a wonderful holiday break and enjoyed some time with family and friends. Thank you for making 2016 a great year; we are looking forward to a fun and exciting 2017.

We have a major change at tennis this year! We have now switched our online court reservation system over to Foretees. We are no longer using USPTA Player. In order to make a reservation, you will need to sign up for a court at foretees.com. If you have any questions or concerns, please feel free to stop by the Tennis Pro Shop, call us at 407-876-8027 or email Zach at ZGanger@bayhill.com. We understand that the system make take some time to get used to, but it is an upgrade from what we had and we are excited to make the transition to our new system. If you signed up for team clinics, matches, and practices last fall, you will need to sign up again under our new system. We apologize for any inconvenience this process may cause.

We are halfway through our tennis season and have had a great year so far. We have had some ups and downs in our play this year, but it is fun (and yes, sometimes stressful) to watch you battle your way out of a tough match! It is great to see you adapt your game style when necessary and be able to do so with confidence. Keep up the hard work and let's finish our second half of the season strong.

I would like to thank this year's captains and co-captains as well. It is not easy staying on top of everyone else's schedule and availability, but you have done a great job and your hard work does not go unnoticed.

A1 - Carla Kummer (capt) & Susan Capone (co-capt)

B3 – Kim Gennette (capt) & Anne Badger (co-capt)

C+ - Lisa Spies (capt) & Christi Liebe (co-capt)

Classic – Jane South (capt) & Brenda Heistand (co-capt)

You have all done a fantastic job organizing team line ups, team practices, and team round robins. Thank you for all of the time put in and the hard work.

# WOMEN'S TENNIS TEAM NEWS By Ann Badger

The table below reflects the standing of our three teams as at December 9th. With one match to play before the holiday break, the B3 team is still in first position, with a lead of five points over Sanlando. The A1 team is tied for 1st place with Lake Cane Netchix, but Bay Hill has played one less match than the Netchix. The C+ team is still in sixth place but has had two good wins in the last month. It's been a very competitive season and the captains all report many hard fought three set matches in recent weeks and a high standard of play in all Divisions. Our pros have been working hard helping us to focus on winning tactics and adapt our games during a match to combat opponents' strengths. Team holiday parties are the next priority and the players will welcome a few weeks' downtime before re-grouping to come out strong for the remaining half of the season.

Team	Wins	Losses	Standing on 12/12
Bay Hill	Sanlando 4-1	Lake Cane 1-4	T-1st
A1 team	Grand Cypress 4-1	Winter Park 2-3	
Bay Hill B3 team	Interlachen 4-1 Lake Highland 4-1 Red Bug 3-2 Waterford 4-1	Grand Cypress 2-3	1 st
Bay Hill	Azalea 3-2	Lake Cane 1-4	6th
C+ team	Keene's Point 3-2	Lake Cane 0-5	





## Health Matters By Magie Pickens

Just in time for the New Year, we are pleased to announce the addition of Tai Chi to our weekly Fitness Class Schedule. This class will officially commence on January 14, 2017 at 9:30 a.m. Instructor Sifu Al Aki teaches Tai Chi as a meditation so that the benefits of increased balance, lower blood pressure, better circulation, reduced stress and better posture can be fully realized. Ki breathing from aikido is also taught as the fastest way to calm yourself. Al has more than 10 years experience in Tai Chi and Aikido and is dedicated to ensuring his students receive sufficient one on one time and continually learn something new in each session. Below are some additional benefits of Tai Chi as they pertain to fitness:

GOLF: Tai Chi increases leg strength and joint flexibility which improve balance. "Increased flexibility and improved leg strength will give you a more fluid swing, better tempo, and more distance on your shots. Better balance leads to a properly aligned stance and a solid swing." Swinging a golf club is also an action that begins at your feet, rises to your hips and is followed through by your hands and arms. Furthermore, the emphasis on awareness and mental cognition achieved through Tai Chi helps maintain concentration during golf and Tai Chi deep breathing keeps you relaxed and helps maintain your stamina.

**TENNIS:** Tai Chi helps with the physical and emotional balance necessary for tennis. Tennis players may also benefit from using the Tai Chi principles of awareness of how and why they move different parts of their bodies as they play. Tennis involves weight shifting as you move across the court and jump up and down. Weight shifting is an important part of Tai Chi. Tai Chi movements also focus on grounding your feet as the source of all movement. Your waist then steers the movements started in your feet and the arm follows through. The same is true of a good tennis ground stroke which involves putting your feet in position, turning your waist to begin the stroke and then following through with your hand and arm.



# Fitness News By Tim Shuman, C.S.C.S.

Daily Stretching can Result in...

Stretching is one of those Big Bang for your Buck exercises yet one we never do enough. When you stretch, you elongate the muscle increasing circulation and in turn flushing old blood out and bringing new blood in to help rebuild muscles. Here are a few more benefits to stretching.



- Increased energy, stretching increases blood flow which also increases oxygen to the entire body giving you more energy.
- 2. Balance, with stretching it is believed to stimulate fine muscle coordination which help keep you from falling.
- DeSTRESS, as you relieve tension in the muscle your body is allowed to relax and you will feel less stress.
- 4. Lower Blood Sugar, with increased circulation the blood can get rid of excess sugar.
- Less Pain, As you increase range of motion in your joints the entire body is able to work better with less kinks. As the body moves better there is less risk of injury and therefore pain.

Stop by the Spa to hear more about stretching or feel free to join in our Recharge class on Saturday morning.

SPA & FITNESS CENTER Class Schedule and Hours of Operation						
SUNDAY 7 a.m 7 p.m.	MONDAY 6 a.m 8 p.m.	TUESDAY 6 a.m 8 p.m.	WEDNESDAY 6 a.m 8 p.m.	THURSDAY 6 a.m 8 p.m.	FRIDAY 6 a.m 8 p.m.	SATURDAY 7 a.m 7 p.m.
	IBurn Cardio 7:30 a.m. Aqua Aerobics 8:30 a.m.	Rise & Shine Yoga 7:30 a.m.	Full Body Circuit 7:30 a.m. Aqua Aerobics 8:30 a.m.	Tennis Conditioning 7:30 a.m. Active Body 8:30 a.m. Yoga 4:30 p.m.	U-Jam Cardio 7:30 a.m. Aqua Aerobics 8:30 a.m.	Saturday Reset 8:00 a.m. Tai Chi 9:30 a.m. (as of 1/14/17)

## **CLUB NEWS & EVENTS**



### **BEGINNER'S BRIDGE CLASS**

A Beginner's Bridge Class will start on Friday, January 13. This is an eight week course, held weekly on Fridays from 1:00 p.m. to 3:00 p.m.

For more information or to sign up, please contact Peggy Bohart by calling 407.230.7708 or via email at peggybohart@msn.com.











### Welcome New Members

Please join us in welcoming the following new members to the Bay Hill Club:

Niels & Gunhild Sundberg
Non-Resident Golf

David & Pamela Grimm Resident Corporate Golf

Jayme & Paula Rocha Non-Resident Golf

John & Theresa Tyler
Resident Golf

Martin & Cathy Fischer Resident Corporate Golf



Join us for another

### Ladies' Lunch & Learn!

Friday, January 20 10:30 a.m. ~ Palmer Terrace

Back by popular demand...

Jackie Walker, Dr. of Closetology

presenting

### **PROPORTION POLITICS!**

How to Feel Better in Your Clothes!

Fact: You are not a size! You are Architecture!
Fact: Layering your clothes correctly against your
personal space can make you taller and slimmer!

Jackie Walker returns to share the ways to create horizontal line dressing. She believes that we should never tie our self-esteem into that number sewn into the back of our pants. Attend this motivational, fun and informational presentation and you will enjoy learning the psychology of proportion politics!

### Menu

Club & Pretzel Rolls and Mini Muffins Coco-Limón Salad

romaine lettuce, mandarin oranges, sugared pecans and sun-dried cranberries, crowned with grilled shrimp, toasted coconut and champagne vinaigrette

Coffee & Tea Service

Lemon Sorbet

with mini Bay Hill white chocolate macadamia nut cookie garnish

\$18.95<sup>++</sup> lunch \$10.00<sup>++</sup> seminar

Seating is limited. Reservations are required. 24-hour cancellation policy applies. Please call the Special Events Reservation Line at 407-876-8005.

## **CLUB DINING**



### DINING HOURS OF OPERATION

**Terrace Café** 11:00 a.m. - 3:00 p.m.

**Members Lounge** 5:00 p.m. - 10:00 p.m.

Grill & Classic Rooms Breakfast & Lunch Daily 6:30 a.m. - 2:00 p.m.

**Bay Window** 2:00 p.m. - 10:00 p.m.





The staff of the Bay Hill Club would like to express their sincere appreciation for your generous giving to the Employee Holiday Fund.

Thank you!

## On the Front Burner Executive Chef Robert Lee



### **SUGAR COOKIES**

- 1 1/2 cups butter, softened
- 2 cups white sugar
- 4 eggs
- 1 teaspoon vanilla extract
- 5 cups all-purpose flour
- 2 teaspoons baking powder
- 1 teaspoon salt

In a large bowl, cream together butter and sugar until smooth. Beat in eggs and vanilla. Stir in the flour, baking powder, and salt. Cover and chill dough until ready to use.

Preheat oven to 400 degrees. Roll out dough on floured surface. Cut into shapes with a cookie cutter. Place cookies on an ungreased cookie sheet. Bake approximately 7 minutes. Let cool then decorate by combining confectioners sugar and milk to make a simple icing.

# **JANUARY 2017**

SUN	MON	TUE	WED	THU	FRI	SAT
1	Championship Course opens at 11:00 a.m.	3 9-Holers Play Day 9:00 a.m.	4	5 BHWGA Play Day	6	7
8 Sunday Scramble 2:00 p.m.	Championship Course opens at 11:00 a.m. Ladies' Bridge 12:45 p.m.	9-Holers Play Day 9:00 a.m.	11 Challenge Cup vs. Heathrow	12 BHWGA Play Day	Beginner's Bridge Class 1:00 p.m.	NIDDIE KRAFT DAY! 11:00 a.m 1:00 p.m. Junior-Senior Championship
15 Mixed Golf 12:30 p.m.	16 Championship Course opens at 7:30 a.m.	9-Holers Play Day 9:00 a.m.	18	19 BHWGA Guest Day	20 Beginner's Bridge Class 1:00 p.m.  LADIES' LUNCH & LEARN 10:30 a.m.	21
22	Championship Course opens at 11:00 a.m. Ladies' Bridge 12:45 p.m.	9-Holers President's Cup Round 1 9:00 a.m.	25	26 BHWGA Play Day	Beginner's Bridge Class 1:00 p.m. FRESH CATCH BUFFET! 6:00 p.m 8:00 p.m.	28
20	20	21	PGA MERCHA	ANDISE SHOW		
29	30	31 9-Holers President's Cup Round 2				







March 13-19, 2017

### **TICKETS ON SALE NOW!**

Members, purchase your member badges, member guest badges and other tournament tickets via the Bay Hill Members Only website at www.bayhill.com. Badges include access to the tournament grounds and Clubhouse, as well as on-site parking if space allows. This year's tournament is expected to bring record crowds so be sure to purchase tickets early before they sell out.

For more information, please email BHmember@arnoldpalmerinvitational.com or call 407-876-2888.