



UNDER THE UMBRELLA

AUG/SEPT 2016

INSIDE THIS ISSUE:

Golf 2 - 4
Tennis 5
Spa & Fitness 6
Marina 7
Club Events/Dining 8 - 9
Club Calendars 10 - 11

Bay Hill Club Staff

- Ray Easler**
Vice President, Hospitality
- Jeanine Christoffersen**
Human Resources Director
- Brian Dorn**
Director of Golf
- Chris Flynn**
Golf Course Superintendent
- Zach Ganger**
Director of Tennis
- Todd Harris**
Head Tennis Professional
- Leigh Anne Huckaby**
Marketing Manager
- Carole Lasky**
Membership Director
- Robert Lee**
Executive Chef
- Terry McMullen**
Director of Operations
- Bill Parrish**
Controller
- Magie Pickens**
Rooms & Spa Services Manager
- Wes Rincon**
Food & Beverage Director
- Roy Schindele**
Director of Sales & Marketing
- Teresa Walls**
Member Services Director

9000 Bay Hill Boulevard
Orlando, FL 32819
407-876-2429
www.bayhill.com

Back by popular demand...

SEAFOOD EXTRAVAGANZA!

Friday, September 30

The Grill, Classic and Palmer Room

Reservations available between 6:00 p.m. - 8:00 p.m.



Buffet Menu

Jumbo Shrimp & Snow Crab Claws Bar

Caesar Salad

Broccoli & Cheddar Salad

Bay Hill Cole Slaw

Seasonal Fruit Salad

Club Rolls & Hushpuppies

Steamed Whole Maine Lobster

(one per person)

Steamed Snow Crab Clusters

Salmon Piccata

Shrimp & Pasta Romano

penne pasta tossed with shrimp, prosciutto, mushrooms and capers in a creamy Frangelico sauce

Carved Sirloin of Beef

with merlot sauce and creamy horseradish sauce

Scalloped Potatoes

Corn on the Cob

Crispy Chicken Fingers & Curly Fries

Coffee, Tea & Punch Service

Ice Cream Sundae Bar featuring

Häagen-Dazs vanilla ice cream, sliced strawberries, brownie chunks, mini M&M's, chopped cashews, toasted coconut, cherries, whipped cream, caramel sauce and hot fudge

Assorted Mini Bay Hill Cookies

\$59.95++ per person

\$29.95++ per child (ages 4-12, no lobster)



Reservations are required and must be received by Wednesday, September 28. A 48-hour cancellation policy applies for this event. Please call the Special Events Reservation Line at 407.876.8005. (À la carte menu not available.)



Inside the White Stakes

By Brian Dorn

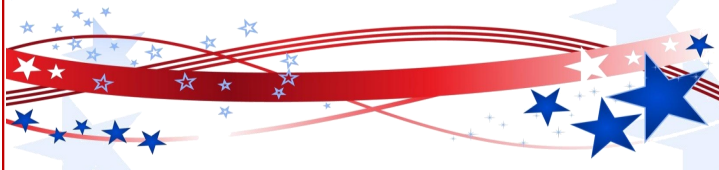
Congratulations to **Zack Justice** on qualifying for the U.S. Amateur Championship. Zack earned his spot in this year's tournament by qualifying at Eagle Creek Golf and Country Club in Naples, Florida on July 11-12. He not only qualified but took home the medalist honors with scores of 68-70. The U.S. Amateur will be held this year at Oakland Hills Country Club in Bloomfield Hills, Michigan on August 15-21. We all wish you good luck from Bay Hill!

REVISED SUMMER AERIFICATION SCHEDULE:

August 15-16: Challenger/Charger – 1/2" core aerification and light top-dressing of the greens, core aerification of tees and fairways (Challenger on 8/15, Charger on 8/16 – on these two days only nine holes will be available.

September 13-14: Challenger/Charger - 1/4" core aerification and light top-dressing of the greens (Challenger on 9/13, Charger 9/14 – all 18 holes will be available for play these days.





4TH OF JULY SHAMBLE RESULTS

(2 Best Balls Net)

RED FLIGHT

1st 117 Tom Dennis / Mike Doyle / Chuck Lynch / Kevin Crawford

2nd 118 Paul Cormack / Pete Watzka / Dick Wheeler / Mark Simmons

WHITE FLIGHT

1st 119 Jon Freund / Diana Freund / Ross Astrup / Jeffrey Larson

2nd 120 Susie Keane / Bill Martin / Denise Martin / Blake Terry

BLUE FLIGHT

1st 117 Paula Weber / Setsi Day / Ted Sheppe / John O'Leary

2nd 118 Dale Barger / Cheryl Barger / William Barger / Bobby Valentine

Closest to the Hole #2:
Chuck Lynch 3'0"

Closest to the Hole #7 (Ladies Only):
Rebecca Lee-Bentham..... 3'6"

Closest to the Hole #14:
Glenn Stafford 5'9"

Closest to the Hole #17 (Men Only):
Bobby Valentine..... 3'10"

UPCOMING EVENTS:

- August 30 _____ Ladies' Season Kick-Off Coffee from 10:00 a.m. - 12:00 p.m.
- September 6: _____ 9-Holers Kick Off Scramble / Luncheon 9:30 a.m. shotgun (Charger)
- September 8 _____ BHWGA Opening Scramble / Luncheon 8:30 a.m. shotgun (Challenger/Charger)
- September 11 _____ Latrobe Classic 1:30 p.m. Shotgun
- September 12 _____ API Volunteer Appreciation Day (golf course closed all day)
- September 18 _____ Mixed Golf 8:30 a.m. Shotgun / Sunday Scramble 3:00 p.m.
- September 26 _____ 8:30 a.m. Outing (Challenger/Charger available at 2:30 p.m.)



Keepin' It Green

By Chris Flynn

Don't Mess With Lightning

It always seems to happen when you are having the round of your life. The sky darkens, the wind picks up, the thunder begins to roll across the golf course and the siren goes off. It's tempting to convince yourself and others that there's enough time to finish your round, or at least a few more holes. If you play on, instead of seeking shelter, your great round could become the last round of your life.

Each year more people are killed or injured by lightning than by tornadoes, floods or hurricanes. In fact, it's estimated that in the U.S., as many as 300 people are killed by lightning each year. And unfortunately, Central Florida is the Lightning Capital of the world. Because of the generally open areas with scattered individual trees, golf courses are dangerous places during a thunderstorm. A lightning bolt will take the shortest route between the cloud and the ground, which means that a golfer standing in the middle of a fairway or huddled under a tree is a prime target for a strike. However, there are several safety measures you can take to avoid being hit by lightning:

- Seek shelter at the first sign of a thunderstorm. If the course's warning system sounds, take cover.
- If possible, get off the golf course or go to a designated lightning shelter.
- Do not stand under a lone tree. This is where most people are injured or killed.
- Stay away from water.
- Stay away from your golf clubs.
- If your shoes have metal spikes, take them off.
- Move away from your golf cart.
- If stranded in the open, go to a low place such as a ravine or valley.

FIRST AID

If a player in your group is struck by lightning, the person is no longer carrying any electrical current, so you can apply first aid immediately. The golfer will likely be burned and have received a severe electrical shock. People who have been apparently "killed" by lightning can be revived if quick action is taken. If you must make a choice, treat those who are not breathing first; those who are unconscious but still breathing will probably come out of it on their own.

First aid should be rendered to those not breathing within four to six minutes to prevent irrevocable brain damage. Mouth-to-mouth resuscitation should be administered once every five seconds to adults and once every three seconds to infants and small children. However, if the victim is not breathing and has no pulse, cardiopulmonary resuscitation is necessary, but should be administered only by persons with proper training. You should also check for burns along the extremities and around areas in contact with metal; give first aid for shock and then send for help. So let's all remember to be safe out there and not take any unneeded risks.



Golf Tip of the Month

By Kevin Crawford

Managing A Rainy Day

There is nothing better than hitting the links on a gorgeous sunny day. Unfortunately, sooner or later, you are going to have to play in the rain. It's not easy to play in adverse conditions so you want to make sure you are prepared to succeed. Let's take a look at some essentials to playing well on a rainy day:

- Make sure you have an umbrella. Most of the time you will not be carrying your bag so invest in a good umbrella (preferably an umbrella that is a wind buster) and leave it in your golf bag. You never want to end up getting soaked as you left your umbrella at home or in the car.
- Put an extra golf towel in your golf cart or bag. It is important to keep your hands and grips dry so you want to have an additional towel on hand. Pay attention to the forecast for that day and if there is a chance you may get rained on, bring an extra towel. Another good tip is to keep a towel dry by tucking it up into the underpinning of an opened umbrella. This is a great way to dry off your hands or grip right before your shot.
- Keep your golf clubs covered as much as possible. Most carts have a rain cover and all bags will come with a rain cover. Make sure to utilize either one when it starts to rain.
- Rain gloves are great for gripping in the rain. They're better wet than dry. Rain gloves are the best investment you can make to grip the club. Once they are on you now have control of the club again. Also, make sure you have extra gloves in your bag so if it does stop raining you have a dry glove to use.
- A good rain suit is a must. I make sure I have one that is lightweight, breathes, and is vented for freedom when swinging the club. This is one the most important items to have as you don't want to be drenched from head to toe. The rain suit will keep you dry and comfortable.

Whether you are headed to Scotland, Ireland, or just playing at your home course, these important tips can help you score well on a rainy day.



PGA Professionals take the rain in stride during the 2016 Arnold Palmer Invitational Presented by MasterCard.

9-HOLERS NEWS

By Elaine Axelrod

This has been a “blooming good year” for the Nine Hole golfers. Thanks to **Kathy Burt, Linda Schumacher**, and scramble chair, **Gina Rice**, we golfed in style and celebrated our winners during a lovely lunch. Receiving prizes were our scramble winners, our super duper star, **Bobbie Elbert**, our most improved golfer, **Linda Schumacher**, our highest participation golfers, **Paula Hodges** and **Cindy Blackburn**, and our year ringers winners and, of course, our President’s Cup winner, **Ann Perry**, and our Club Champion, **Paula Hodges**.

Congratulations to our final Couples winners, the **Beasleys** and **Huttons**, as well.



1st Team: Leslie Shassian, Linda Schumacher, Jamie Lazzaro (not pictured Bobbie Kobbberman)



2nd Team: Kay Yurko, Nicole Smith, Cheryl Nassau & Danielle Steenbergh



Sumer Duper Star, Bobbie Elbert



Most Improved, Linda Schumacher



Most Participation, Paula Hodges & Cindy Blackburn



May Sunday Scramble Winners: Lou & Nancy Beasley, Joan & Mark Hutton

18-HOLERS NEWS

By Beth Bagwell

Bay Hill’s 2015-16 Challenge Cup Team competed against Orange Tree’s team for the Gross division finals and won! Later, Captains/Coordinators **Linda Cardilli** and **Ricki Longenecker** led a celebration toast with the entire team and thanked them all for their participation in the season-long matches.

The final well-attended Mixed Golf event was decisively won by team **Porter/Freund** by 7 strokes over the next team.

After our Final Shotgun organized by **Pam duPont**, we awarded year-end prizes at lunch. As well as Most Improved and Most Participation awards, winners were announced in 4 places in 5 flights for Year Ringers. Those in First place for each flight were **Marci Zweifel**, **Sara Ball**, **Christina Kopolinski/Martha Ward** (tie), **Paula Hodges**, and **Becky Crowley**.



Most Improved Golfer: Shari Williams



Most Participation Award: Liz Martin



Final Shotgun Winners: Bobbie Elbert, Barb Lloyd, Judy Booth, Mary Reynolds



May Mixed Golf Winners: David & Neets Porter, Diana & John Freund



2015-16 Challenge Cup Gross Winners/Finals Team

Sara Ball, Mary Reynolds, Ricki Longenecker, Marci Zweifel, Barb White, Linda Cardilli, Pam DuPont, Susie Keene, Shari Williams, Janet Thompson



Zach's Spin

By Zach Ganger

Hello Tennis Fans! With August here, the kids are already thinking about school and we are all getting ready for our back to school routines. We have had an amazing summer and the tennis courts stayed busy, despite the heat and humidity. Thank you to everyone that came out this summer to play tennis, whether it was a private lesson, clinic, camp, or just out playing with friends and family. It is great to see such an active membership, even when the weather is unbelievably hot!

Our W.A.I.T. League season is just around the corner and all of the teams are getting ready to start strong. We will be starting our normal routine of practicing on Mondays with A/B Teams and Thursdays with the C Team in a few weeks. We have a great group of women and if we stay focused, we have a great chance to do some damage in all divisions again this year. Please join me in welcoming the 2016/2017 captains and co-captains for our Bay Hill Tennis teams:

A1 – Carla Kummer captain; Susan Capone co-captain
 B3 – Kim Gennette captain; Ann Badger co-captain
 C+ – Lisa Spies captain; Christi Liebe co-captain
 Classic – Jane South captain; Brenda Heistand co-captain

This summer, we introduced Pickleball to Bay Hill. If you missed it, we had a blast and are looking forward to offering more pickle ball days and tutorials. Thank you to Dave and his "GO Pickleball" team for coming out to Bay Hill to teach us about the game! If you didn't make it the first time, I hope that next time you will be able to attend and learn why this fun, new game is sweeping over the nation!



Pickleball demonstration on the Bay Hill courts.

Starting on September 12, two of our Har-Tru (clay) tennis courts will be down for 2 weeks. We are adding drains to the back of courts 1/2 as well as to one side of and the back of courts 5/6. While this is going to leave

us short of courts for 2 weeks, it will be a huge help and improvement to our drainage system for the tennis facility! Please be patient with us and the Welch team while we undergo this process. If you have any further questions or concerns regarding the project, please feel free to email Zach at ZGanger@bayhill.com.



Todd's Tip

The serve is the only shot in tennis you have 100% control of. It is up to you to get the ball exactly where you want it. The toss is the most important part of the serve. The key to a good consistent toss

is to keep your arm straight and release the ball from your hand, not rolling it off of your fingertips. Once released, the ball should not have any spin on it. Think of the "toss" as you are placing the ball in a specific area, not just throwing it up for the sake of throwing it up. Developing a consistent toss will help improve your serve.



JUNIOR TENNIS CAMP

August 1-5, 2016

Junior Tennis Camp will be held from 9:00 a.m. to 2:00 p.m. We will be working on a variety of strokes, strategies, games, and match play. All levels are welcome. Be sure to bring sunscreen, water bottles and a bathing suit. Snacks and lunch will be included.

For more information, please call the Tennis Shop at 407-876-8027.



Health Matters

By Magie Pickens

USA Swimming Coach Ann Stone is now offering private and group swim lessons in the Bay Hill pool.

GROUP STROKE LESSONS

Age 2 and older..... (2) 30-minute lessons: \$35

Learn how to swim competitive strokes:

Freestyle, Backstroke, Breaststroke & Butterfly

MOMMY & ME CLASS

(or Daddy, Grandma, Grandpa, Aunt, Uncle, etc.)

Age 6 months to 6 years...(2) 30-minute classes: \$35

Under the direction of a swim coach, teach your child how to swim in a fun-filled atmosphere set to music; your child will have a great time acquiring the skills to enjoy the water!

PRIVATE LESSONS (Available upon request.)

Contact Coach Ann Stone at 407-282-4970

or via email at StoneCrabs@aol.com.

(8) 15-minute lessons \$190

(4) 30-minute lessons \$190

For more information regarding dates/time or to register for lessons, please stop by The Spa at Bay Hill or call 407-876-8011. This is a great opportunity for your child to not only learn a life saving skill, but a skill that can provide lasting enjoyment for a lifetime!

END OF SUMMER SERVICE SPECIAL – It’s not hard to find bliss in sunshine, beaches, and breezes. But now that the season’s end is fast approaching, you’ll need new retreats. Book any spa service, facial, pedicure, or manicure during August and September and receive **20% off**. What a great way to escape the hustle and bustle of Summer and pamper yourself, or another. Call the Spa or Salon to schedule your “Me Time” and take advantage of this fabulous offer. (All services include gratuity.)



Fitness News

By Tim Shuman, C.S.C.S., RKC

As the peak summer heat kicks in, many will find it hard to continue to exercise outdoors. As a reminder, we have a wonderful Fitness Center here at Bay Hill. We offer a full line of Selectorized Machines, dumbbells ranging from 5 to 70 lbs. and as an added bonus, we will soon be receiving a brand NEW line of Precor Cardiovascular equipment in mid-to-late August. Oh and did I mention air conditioning?!

Our new Precor Cardio Line will include:

- (3) Treadmills with new footplant technology
- (2) Full Body Ellipticals with converging foot ramp (moves more like you walk)
- (1) Lower Body Elliptical with new lower to the ground entrance
- (1) AMT with new Open Stride (you adjust your stride length and height)
- (1) Recumbent Bike with new Airflex seat
- (1) Upright Bike with new easy on the move adjustments

Come in out of the heat and try out our new line of Precor equipment. Not a Fitness member? Please stop by The Spa at Bay Hill for a tour of the facility to see how can benefit from a fitness membership.



SPA & FITNESS CENTER

Hours of Operation and Class Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7 a.m. - 7 p.m.	6 a.m. - 8 p.m.	6 a.m. - 8 p.m.	6 a.m. - 8 p.m.	6 a.m. - 8 p.m.	6 a.m. - 8 p.m.	7 a.m. - 7 p.m.
	IBurn Cardio 7:30 a.m. Active Body 8:30 a.m.	Rise & Shine Yoga 7:30 a.m.	Full Body Circuit 7:30 a.m. Aqua Aerobics 8:30 a.m. Hole-in-One Fitness 8:30 a.m.	Pilates 7:30 a.m. Arnie's Army Bootcamp 8:30 a.m. Yoga 4:30 p.m.	U-Jam Cardio 7:30 a.m. Grand Slam Fitness 8:30 a.m.	Strength Endurance Conditioning 8:30 a.m.

BAY HILL MARINA RENOVATION COMPLETE!

ESCAPE THE SUMMER HEAT BY GETTING OUT ON THE WATER WITH YOUR BOAT!

We are excited to announce that the newly renovated Marina at Bay Hill has re-opened and is ready for you to enjoy this summer! We're sure you will agree that with the new docks, gasoline pump, brick walkways, lighting and beautiful landscaping, the Bay Hill Marina is better than ever! So, spread the word...if you need gasoline while out on the lake or are interested in leasing a boat slip, we can accommodate you.



MARINE FUEL AVAILABLE FOR PURCHASE



Fuel is 89 octane, ethanol-free, made specifically for marine motors. Price is currently \$4.25 per gallon (subject to change based on market price); Bay Hill members receive a 20% discount off the posted price when charging to their member number.

Non-members may make purchases on a cash-only basis (no credit cards.)

Need to fill up? Simply call the Front Desk at 407-876-2429 upon entering the marina for assistance.

DINING NEWS & EVENTS

You asked for it -- back by popular demand...
Ladies' Lunch & Learn!

"Let's Paint Party!"

Friday, September 23
10:30 a.m. – 1:30 p.m.
Palmer Terrace

Start the ladies fall season with a "Let's Paint Party!" If you haven't been to one, you won't want to miss this! Feeling artistic but unsure how to discover your talent? Instructor Bree McDermeit will help the artistic, and not-so-artistic, explore their inner "Picasso" without any experience required! The lively Bree will guide you through the process, step by step, resulting in a delightful experience as well as artwork that is uniquely your own!

\$30.00 per person-class
(\$35.00 if less than 15 attendees)



Menu

Bay Hill Caesar Salad

chopped romaine lettuce tossed with our House Caesar dressing, Parmesan cheese and crispy croutons, garnished with teardrop tomatoes and crowned with lightly blackened chicken

Club & Pretzel Rolls and Mini Muffins

Berries Fresco

fresh seasonal berries topped with a dollop of low-fat Kahlua cream topping

Coffee & Tea Service

\$18.95++ per person-lunch

Reservations are required. Seating is limited. 24-hour cancellation policy applies. Please call the Special Events Reservation Line at 407.876.8005.

Ladies' Lunch & Learn!

dōTERRA® Essential Oils!



Friday, October 21
10:30 a.m. · Palmer Terrace

Start the ladies fall season with a new event! If you haven't been to one, this is one you won't want to miss! Feeling tired, can't shake that cold, not getting a good night's sleep, sore muscles from hitting too many golf or tennis balls? Come learn about essential oils as presented by Sam Chopra, Fran Ciaccio Louth and Jen Abell. Essential oils are the life force of the plant, much like our blood, and are administered topically, aromatically or internally. Come learn how to improve your health and well-being. We will have a drawing for a special giveaway and each lady will receive a complimentary sample. Guests are welcome.

Menu

Salad Sofia

chopped romaine lettuce and baby greens topped with shrimp salad and surrounded by grilled marinated vegetables, drizzled with champagne vinaigrette

Club & Pretzel Rolls

Lavender Oil Cupcake

with Haagen-Dazs vanilla ice cream

Coffee & Tea Service

\$18.95++ per person

Reservations are required. Seating is limited. 24-hour cancellation policy applies. Please call the Special Events Reservation Line at 407.876.8005.

DINING NEWS & EVENTS

SUMMER FUN AT THE TERRACE CAFÉ

“BACK TO SCHOOL BASH”

SATURDAY, AUGUST 6

Noon to 3:00 p.m.

The kids will be back in school soon but we're not ready to let the summer end just yet without one last celebration! Kids will love our giant inflatable Slip 'N Slide, face painting and fun games, while parents enjoy Terrace Café drink specials, as well as music provided by DJ Penny!



Kids in the Kitchen!

Saturday, September 17

11:00 a.m. – 1:00 p.m.

Palmer Room

The Chef will be on hand to demonstrate the art of New York-style pizza making! Children can enjoy making, baking and eating their own creation! Lunch will be provided.



**\$12.95++ per child
(ages 4-10)**

Seating is limited. Reservations are required. 24-hour cancellation notice applies. Please call the Special Events Reservation Line at 407-876-8005.



DINING HOURS OF OPERATION

Grill & Classic Rooms

Breakfast 6:30 a.m. to 11:00 a.m.

Lunch 11:00 a.m. to 2:00 p.m.

Bay Window

2:00 p.m. to 10:00 p.m.

Terrace Café

11:00 a.m. to 7:00 p.m.

Members Lounge

5:00 p.m. to 10:00 p.m.

You are cordially invited to the Ladies' Season Kick-Off Coffee

Tuesday, August 30

10:00 a.m. until Noon

Palmer Terrace

Enjoy a light menu, meet new members and socialize with friends as we kick-off the fall season. You may also sign-up for one or more of the various Club activities. (18-Holers, 9-Holers, Tennis, and Bridge) All members are welcome; you need not be signing up for a Club activity to attend this event!

Reservations are required. Members only, please. RSVP by calling the Special Events Reservation Line at 407-876-8005.



AUGUST

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6 "BACK TO SCHOOL BASH" AT THE TERRACE CAFÉ Noon to 3:00 p.m.
	JUNIOR TENNIS CAMP					
	SUMMER BLAST KIDS CAMP					
7	8 Ladies' Bridge 1:00 p.m.	9	10	11	12	13
14	15 Challenger Closed	16 Charger Closed	17	18	19	20
	1/2" GREENS AERIFICATION 9 holes open for play each day					
21	22 Ladies' Bridge 1:00 p.m.	23	24	25	26	27
28	29	30 LADIES' SEASON KICK-OFF COFFEE 10:00 a.m. to Noon	31			

SEPTEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5 Happy Labor Day! 	6 9-Holers Kick-off Scramble & Luncheon 9:30 a.m.	7	8 BHWGA Opening Day Shotgun & Luncheon 8:30 a.m.	9	10 Happy Birthday, Arnold Palmer! 
11 Latrobe Classic 1:30 p.m.	12 API Appreciation Day Challenger / Champion Closed All Day Ladies' Bridge 1:00 p.m.	13 9-Holers Play Day	14	15 BHWGA Play Day	16	17 KIDS IN THE KITCHEN 11:00 a.m.
1/4" GREENS AERIFICATION 18 Holes open for play each day						
18 Mixed Golf 8:30 a.m. Shotgun Sunday Scramble 3:00 p.m.	19 Outside Event 8:30 a.m. shotgun	20 9-Holers Play Day	21	22 BHWGA Play Day	23	24
25	26 Ladies' Bridge 1:00 p.m. Outside Event 8:30 a.m. shotgun	27 9-Holers Play Day	28	29 BHWGA Play Day	30 SEAFOOD EXTRAVAGANZA! 6:00 p.m. to 8:00 p.m.	

Welcome New Members

*Please join us in welcoming the following
new members to the Bay Hill Club:*

Brian & Judith Bacica

Resident Corporate Golf

Modesto & Loren Alcala

Resident Corporate Golf

Elliott & Kathy Jamison

Social

Ross & Vanessa Astrup

Young Executive Golf

Laurie Wahrenberger

Social

Robert & Christie McNelly

Non-Resident Golf

Jeffrey & Robyn Larson

Resident Golf

