



UNDER THE UMBRELLA

APRIL 2016

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Bay Hill Club Staff

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Roy Schindele
Director of Sales & Marketing

Teresa Walls
Member Services Director

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MEN'S MATCH PLAY CHAMPIONSHIP



Davis Hingtgen
Champion

DAVIS HINGTGEN CHAMPION

Bay Hill Flight
Runner-Up: Erik Knudsen



Augusta Flight Winner
Ian Brown

Augusta Flight
Winner: Ian Brown
Runner-Up: Art Harduvel



Cherry Hills Flight
Winner
Jack Toepke

Cherry Hills Flight
Winner: Jack Toepke
Runner-Up: Lee Chira



Royal Birkdale Flight
Winner
Dale Barger

Royal Birkdale Flight
Winner: Dale Barger
Runner-Up: Tee Cambre



Royal Troon Flight
Winner
Steve Snyder

Royal Troon Flight
Winner: Steve Snyder
Runner-Up: Louis Beasley



Turnberry Flight Winner
Jamie Bolton

Turnberry Flight
Winner: Jamie Bolton
Runner-Up: David Bansmer



Inside the White Stakes

By Brian Dorn

FEB 22: Mike Gennette aced the 156-yard 7th Hole with his 8-iron. It was Mike's 3rd lifetime hole-in-one (all at Bay Hill). This was his 2nd on hole #7 in addition to his lone ace on #14.

FEB 28: Jack Toepke had a career day as he won his final match for his first trophy in the Men's Match Play Championship. Jack accomplished another first that day when he completed his round with a bogey on #18 to shoot his age, 73! What a day!

APRIL PROMOTIONS

THROUGH APRIL 17: TITLEIST PRO V1 LOYALTY PROGRAM

LOYALTY REWARDED

To Say Thank You for Trusting Your Game to Pro V1, Purchase 3 Dozen Pro V1 or Pro V1x™ and Receive 1 Dozen Free.

OPTION #1
Standard Play Number with Personalization
Choose standard play number (1-4) or (5-8).
Personalize golf balls with the imprint of your choice at no charge.

OPTION #2
All the Same Play Number with Personalization
Choose the same play number (00, 1-99), additional fee may apply. Personalize golf balls with the imprint of your choice at no charge.

Program window: 3/17/16 - 4/17/16. Lead-time: delivered in 5 weeks. Limited time offer. Restrictions apply. While supplies last.

SATURDAY, APRIL 30: FOOTJOY FITTING DAY

Get the same service as PGA Tour Pro's worldwide and receive a professional shoe fitting from FootJoy. Ensure you have the precise width, length and shoe last. Book your free fitting session by calling the Golf Shop at 407-876-8030 today.

2016 MULLET MASTERS

This year's addition of the Mullet Masters Tournament provided drama and excitement like it seems to every year. This annual event, put on by one of our Saturday morning men's groups, is a one day, 27 hole, stroke play tournament scored at Net. Just like the Masters held each year in Augusta, the Mullet Masters is an invitation only event which usually results in a field of 12-15 players.

This year's champion, **Ron Jackson**, would be the first person to tell you practice rounds are over-rated. The day prior to the tournament, Ron joined the Shootout for a practice round and had perhaps his worst round of the decade. His practice round was so bad, word spread throughout the locker room and to the pairings party later that evening making him

the long shot at 35:1 odds to win the tournament. The following day he must have found something on the range during his warm-up as he only trailed one player, **David Bansmer**, after the opening 18. Ron continued his stellar play on the Charger nine shooting net 6 under par score, separating himself from the field to become the 2016 Mullet Masters Champion by 3 ½ shots.

Finishing in second place was **Larry Longenecker**, followed by **Glenn Stafford** in third.



Ron Jackson with Mullet Masters Founder, Paul Reynolds

UPCOMING EVENTS:

- April 2-3 Men's Club Championship
- April 6-7 BHWGA Member-Guest (4/6 - 1:30pm shotgun; 4/7 - 8:30am shotgun)
- April 14..... BHWGA Shotgun / Luncheon @ 8:30am
- April 17..... Mixed Member-Guest (1:30pm shotgun)
- April 23..... Men's Member-Member (27-hole event on Challenger/Champion/Charger)
- April 24..... 9-Hole Sunday Scramble (3:00pm Charger)
- April 26/May 3 9-Holers Club Championship
- April 27-28 BHWGA Club Championship

9-HOLERS NEWS

By Elaine Axelrod

Love was in the air throughout February and the 9-Holers enjoyed two outstanding "love fests". Thanks to our chairs, **Kathy Burt** and **Paula Hodges**. From the Statue of Liberty to Broadway to the Starlight Diner everyone enjoyed playing a round on the Big Apple! A big thanks also to **Joan Hutton** for organizing our Valentines Day "choose your partners" gorilla golf scramble. Lots of fun and record attendance with 9 foursomes! Congratulations to all our winners.



"I Love NY" Member-Guest



1st Team: Michele Hunter, Kathie Nance, Jane Imfeld, Lisa Krause



MG Chairwomen, Paula Hodges & Kathy Burt



Best Dressed Team: Rita Spiker & Joan Hutton, Stardust Diner Waitresses



February Sunday Scramble Winners: Roy & Cheryl Nassau, Susan & Hector Latorre



February Sunday Scramble 2nd Team: Art & Anita Harduvel, Joan & Mark Hutton

18-HOLERS NEWS

By Beth Bagwell

Our February Mixed Golf Event had a record turn out. The team of **Jim & Cathy Rye** and **Cheryl & Roy Nassau** took first place! Closest to the pin winners were **Jon Freund, Judy Booth, David Porter** and **Janet Thompson**.

We had delightful weather for the February Shotgun. The first place team was **Diana Freund, Nancy Beasley, Neets Porter** and **Setsi Day**. Second place went to **Bobbie Elbert, Becky Crowley, Liz Martin** and **Linda Cardilli**.

Thank you to **Paula Hodges** and **Pam DuPont**, respectively, for coordinating the events.



Feb. Mixed Golf Winners: Jim & Cathy Rye; Cheryl & Roy Nassau



2nd Team: Jon & Diana Freund; Nancy & Lou Beasley



Closest to Pins: Jon Freund, Judy Booth, David Porter, Janet Thompson



Feb Shotgun 1st Team: Diana Freund, Nancy Beasley, Neets Porter, Setsi Day



2nd Team: Bobbie Elbert, Becky Crowley, Liz Martin, Linda Cardilli



Zach's Spin

By Zach Ganger

The Bay Hill Tennis Staff would like to congratulate Jason Day for winning the Arnold Palmer Invitational Presented by MasterCard. With the tournament behind us, we will be starting the process of resurfacing courts 1 and 2. We are very excited to get our two clay courts back and have them "like new." We expect to have all 6 courts up and running by Sunday, April 2.

We are very close to the end of our season with only one more month of league matches. It has been a long season and all of our teams are in the hunt for the top spot. It is exciting to see everyone playing so well and we hope to continue through the past few matches. It has been a nail biter all year long for winning our divisions. Coming down the home stretch, remember to stay tough and keep having fun!

If you have not already done so, please contact the Tennis Pro Shop to sign up for next year's W.A.I.T League teams. If you have any questions regarding league play, feel free to ask the tennis staff or you may email Zach at ZGanger@BayHill.com. Team rosters are going to start taking shape on April 15.

Friday, April 22 will be a Mixed Doubles Night. Please contact the Pro Shop for more details or to sign up.

TENNIS TIP:

We spend many hours hitting balls, but how much time do you spend working on footwork, movement, and recovery after hitting shots? Movement in tennis is one of the most important elements to the game. If you are able to anticipate where the ball is going, you already have an advantage in your favor. Are you able to put yourself in the proper spot to hit a specific shot? Next time you are on the courts, focus on your movement to the ball and your recovery. You will soon begin to notice the difference it makes when you put yourself in a position to attack or play defense, how much easier it is to get the next shot.



Military troops in Kuwait receive care packages from the Bay Hill Tennis ladies.



Time off the court - the A-team celebrates the Captain's birthday

WOMEN'S TENNIS TEAM NEWS

By Ann Badger

The Bay Hill Tennis teams are now well into the final part of the season and all are doing extremely well – surpassing last year's performance. **Carla Kummer**, the A Team Captain writes, "Our team has been very busy these past few months. Between holiday parties at **Grace Stewart's**, TEAM NIGHT OUT at fellow club member's Urbain 40 restaurant, a rain out movie day at **Penny Watzka's**, mimosa birthday celebrations, and sending "goodie" boxes to Kuwait for team military family members, we have managed to play some awesome tennis. We are currently in second place, and fighting for first. **Carolyn Rotermund** is leading the team with no losses and 19 wins! Zach, Deb, Matt, and Todd have had a big hand in our success as well, with their weekly clinics, but the biggest reason for the A Team success can best be summed up by this memorable quote. "The way a team plays as a whole determines its success. You may have the greatest bunch of individual stars in the world, but if they don't play together, the Club won't be worth a dime."- Babe Ruth.

The B team has also been fighting hard and has been as high as second place in the Division since January. It is now in fourth place but with only two and a half points dividing second, third and fourth placed teams there is lots still to battle for. The team is trying many tactics to win – mixing up partnerships to wrong foot the opposition and, with the help of our pros, changing coaching focus but the opponents are trying all of this too and most of the matches are going to three sets with frequent tie-breakers. Wins were celebrated and sorrows at tough losses drowned at Urbain 40 in February and more "team-building" is planned at Morton's in March! The team has 6 matches left, two of them against the number two Sanlando team, which will require a major offensive. Congratulations to **Kim Gennette** who has the team's standout best record with 13 wins in 16 matches.

The C Team goes into the home stretch of the season with a 15 point lead over their closest opponent. This is a huge lead and a really impressive feat. The team has gelled so well that no matter what doubles combination is on the court together, they win! Between the Pro's diligence in coaching position on the court and the Captain, **Lisa Saathoff's** careful planning of the line ups, the team has found the recipe to success. The ladies have won 5-0 in 8 of their 18 Matches which is a quite impressive feat. This team has proven they are in it to win it and will continue to train and play hard right up to the end of the season. Happy hitting for sure!



Health Matters

By Magie Pickens

Announcing the Bay Hill Fitness Center's New "Jump-Start Your Personal Fitness" Program

This 10-week program, starting on Monday, April 4, and continuing through Friday, June 10, will be taught by our Fitness Specialist and Personal Trainer, **Suzie Lalone**, and will focus on our members personal fitness goals. The program includes:

- Three (3) one-hour classes each week (Mondays, Wednesdays, and Fridays) at 7:30am. Each fun and motivating small group workout will contain a variety of exercises, including cardio endurance, strength training, and flexibility. Sessions will also cover tips and techniques to help you eat healthy, improve nutrition, and reduce your calories.
- Weekly private consultations to help you set your goals, chart your progress, and keep you motivated and on track.

So, whether you want to make this the year to tone up, get ready for some adventure travel, drop a few pounds, or just improve your athletic capabilities, this program is just for you. And, best of all, the price is the same as the group fitness class rate...with more personal attention to you. So let's get started; we look forward to seeing you on April 4!



Mark your calendar for these updates to our Fitness Class schedule...

- **Aqua Aerobics** is returning on April 6 at 8:30 a.m. and will continue every Wednesday at the same time.
- As of March 31, Leisa's **Yoga** class on Thursdays at 5:30 p.m. has moved to 4:30 p.m.



Fitness News

By Tim Shuman, SFGII, FMSII

Five Ways Your Body Will Change After Just One Week Of Exercise

Starting any exercise program is tough and a big step. But the changes you see even after just one week are well worth it. The body is an amazing machine as it adapts to change well. Many things will happen to you for the better, here are just a few things you will notice.

1. **You will be sore.** Exercise causes micro tears in the muscle. The soreness you feel is the body in recovery. Now you shouldn't feel pain, but a slight discomfort. Take stock in feeling your body getting stronger.
2. **Clarity.** Exercise helps increase oxygen in the blood. This oxygenated blood travels to the brain helping it to work more efficiently, increasing alertness and focus.
3. **Sleep Better.** The harder your body works, the more it needs to recover. When you lay down to sleep it will cause your body to go into a deeper sleep leaving you more refreshed in the morning.
4. **Glow.** Again, with the increase of oxygen in the blood and increased circulation to extremities. You will see the skin become healthier and more vibrant.
5. **Life gets easier.** As your muscles get stronger, you will find normal activities become easier. You will lift, carry, move objects with more efficiency. The better you move, the better your athletic ventures become and the more enjoyable they will be.

Now, I'm not saying you will become a super star in just one week. But you will move and feel better, and better is better.

SPA & FITNESS CENTER

Class Schedule and Hours of Operation

SUNDAY 7 a.m. - 7 p.m.	MONDAY 6 a.m. - 8 p.m.	TUESDAY 6 a.m. - 8 p.m.	WEDNESDAY 6 a.m. - 8 p.m.	THURSDAY 6 a.m. - 8 p.m.	FRIDAY 6 a.m. - 8 p.m.	SATURDAY 7 a.m. - 7 p.m.
	IBurn Cardio 7:30 a.m. Active Body 8:30 a.m.	Rise & Shine Yoga 7:30 a.m.	Full Body Circuit 7:30 a.m. Aqua Aerobics 8:30 a.m. Hole-in-One Fitness 8:30 a.m.	Pilates 7:30 a.m. Arnie's Army Bootcamp 8:30 a.m. Yoga 4:30 p.m.	U-Jam Cardio Circuit 7:30 a.m. Grand Slam Fitness 8:30 a.m.	Strength Endurance Conditioning 8:30 a.m.

CLUB NEWS & EVENTS

You asked for it - back by popular demand...
Ladies' Lunch & Learn!

"LET'S PAINT PARTY!"

Friday, April 8
10:30 a.m. – 1:30 p.m.
Palmer Terrace

If you haven't been to one, you won't want to miss this! Feeling artistic but unsure how to discover your talent?

Let instructor Bree McDermeit help the artistic, and not-so-artistic, explore their inner "Picasso" without any experience required! Bree will guide you through the process, step by step, resulting in a delightful experience as well as a piece of artwork that is always yours in your own unique way!



\$30.00 per person-class
(\$35.00 if less than 15 attendees)

Menu

Southwestern Chicken Salad
mixed greens, black beans, cheddar cheese, roasted corn and diced tomatoes, topped with grilled chicken and served with honey-mustard dressing

Key Lime Pie

a House favorite, with fresh whipped cream

Coffee & Tea Service

\$16.95⁺⁺ per person-lunch

Reservations are required. Seating is limited.

24-hour cancellation policy applies.

Please call the Special Events Reservation Line
at 407-876-8005.

ADMINISTRATIVE PROFESSIONALS' DAY BUFFET

Wednesday, April 20
Palmer Terrace

Reservations available between
11:00 a.m. – 1:00 p.m.

Treat that special secretary, assistant or aide
to our popular luncheon buffet!

Buffet to include:

Brie & Shiitake Soup

Club & Pretzel Rolls and Mini-Muffins

Chopped Salad Bar featuring:

romaine lettuce, Roma tomatoes, cucumbers, bleu cheese crumbles,
shredded carrots and Applewood-smoked bacon with champagne
vinaigrette, low-fat Ranch and Green Goddess dressing

Coconut Shrimp with orange-marmalade horseradish sauce

Sesame Chicken with Thai dipping sauce

Chef-attended Pasta Station:

Pasta Sevillana

cavatappi pasta tossed with sweet sausage, chorizo sausage, roasted
red peppers, capers and spring peas in a Manchego cheese sauce

Garlic Breadsticks

Chef-attended Sushi Station:

Spicy Tuna Rolls, California Rolls and Bubba Rolls
with wasabi, soy dipping sauce and pickled ginger

Coffee and Iced Tea Service

Chef's Creation Dessert Station:

Assorted Mini Dessert Shooters featuring

Key Lime Pie, Red Velvet Pecan Pie and Death by Chocolate

Mini Bay Hill Cookies and Petit Fours

\$25.95⁺⁺ per person

Seating is limited. Reservations are required.

24-hour cancellation policy applies.

Please call the Special Events Reservation Line
at 407-876-8005.

..... HAPPY
**ADMINISTRATIVE
PROFESSIONALS DAY**
.....

CLUB NEWS & EVENTS

Kiddie Kraft Day!

Mother's Day Gift Making

Saturday, May 7 • 11:00 a.m. – 1:00 p.m.

Children ages 4 to 10 can join us for some old-fashioned craft making and fun! Surprise Mom with a special Mother's Day gift made especially for her... by you! Lunch will be provided for the children.

\$12.95⁺⁺ per child (ages 4 – 10)



Seating is limited.
Reservations are required.
24-hour cancellation
policy applies.

Please call the Special Events
Reservation Line at 876-8005.



Mother's Day Brunch Buffet

Sunday, May 8
11:00 a.m. – 2:00 p.m.

Salad Station:

Fresh Fruit & Berries Display
Caesar Salad
Caprese Salad

Broccoli & Cheddar Salad
Club & Pretzel Rolls and Scones

Chef Attended Omelet Station:

with ham, Swiss, cheddar cheese, mushrooms and diced red peppers
Cheese Blintzes

Applewood-Smoked Bacon and Sausage Links

Chef Attended Pasta Station:

Tuscan Shrimp & Pasta
farfalle pasta tossed with shrimp, Tuscan sausage, spinach and
Shiitake mushrooms in a roasted red pepper sauce

Garlic Breadsticks

Chef Attended Carving Station:

Roast Tenderloin of Beef

with Merlot sauce and creamy horseradish sauce

Chicken Mediterraneo

sautéed breast of chicken with Roma tomatoes, capers, shallots and
artichoke hearts in a lemon butter sauce with a splash of pinot grigio

Salmon Winslow

pan-seared salmon topped with a lobster cream sauce

Basmati Rice Pilaf

Sautéed Asparagus

Crispy Chicken Fingers & Curly Fries

Coffee, Tea and Punch Service

Chef's Creation Dessert Display featuring:

European Pastries, Petite Fours,
Mini Key Lime, Pecan & Fruit Tarts
Assorted Mini Bay Hill Cookies

\$44.95⁺⁺ per person

\$21.95⁺⁺ per child (ages 4–12)

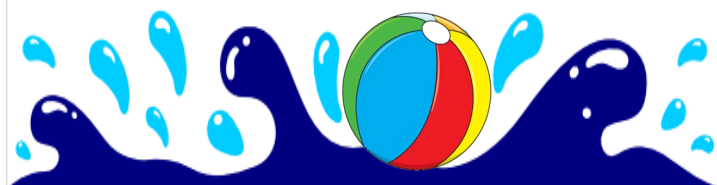
Reservations are required. 24-hour cancellation policy applies.
Please call the Special Events Reservation Line at 407-876-8005.

SUMMER BLAST KIDS CAMP

Mark your calendar — We are pleased to announce the
dates for this year's Summer Blast Kids Camp are:

JUNE 13 THROUGH AUGUST 5

This year, the Club is offering 8 consecutive weeks of
camp; registration begins May 1. Be sure to watch for
next month's newsletter for more detailed information
about our exciting camp schedule!



CLUB DINING

DINING HOURS OF OPERATION

TERRACE CAFÉ

Monday through Friday
11:00 a.m. to 3:00 p.m.
Saturday & Sunday
11:00 a.m. to 7:00 p.m.

BAY WINDOW

2:00 p.m. to 10:00 p.m.

MEMBERS LOUNGE

5:00 p.m. to 10:00 p.m.

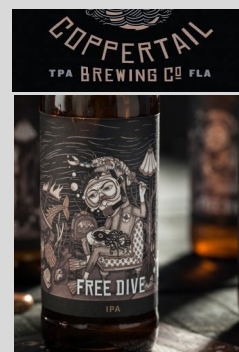
GRILL & CLASSIC ROOMS

Breakfast & Lunch Daily
6:30 a.m. to 2:00 p.m.

FEATURED CRAFT BEER SELECTIONS THIS MONTH:



El Sully Mexican Style Lager
21st Amendment Brewery
San Francisco, CA



Free Dive IPA
Coppertail Brewing Co.
Tampa, FL



On the Front Burner By Executive Chef Robert Lee



JALAPEÑO SKILLET CORNBREAD

- | | |
|-------------------------|---------------------------------|
| 1 Tbsp. bacon drippings | 1 Tbsp. sugar |
| 1 1/2 cups cornmeal | 1 egg |
| 1/2 cup flour | 1 1/4 cups buttermilk |
| 2 teaspoons baking soda | 6 Tbsp. unsalted butter, melted |
| 1 teaspoon salt | 1/2 cup chopped jalapeños |

In a 10-inch cast iron skillet add the bacon drippings. Preheat oven to 400° with the skillet inside. Whisk together all the dry ingredients in a bowl; in a separate bowl, beat the egg and buttermilk until combined, then mix into the bowl of dry ingredients. Add melted butter and peppers. Add the cornbread batter to the hot skillet and bake for approx. 20 minutes until done.

APRIL

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2 Men's Club Championship Round 1
3 Men's Club Championship Round 2	4 Outside Event Challenger/ Champion available 2:30pm shotgun	5 9-Holers Play Day	6 BHWGA Member-Guest Round 1 1:30 p.m. shotgun	7 BHWGA Member-Guest Round 2 8:30 a.m. shotgun	8 Ladies' Lunch & Learn... "Let's Paint Party" 10:30 a.m.	9
10	11 Outside Event Challenger/ Champion available 2:30pm shotgun Ladies' Bridge 12:45 p.m.	12 9-Holers Play Day	13	14 18-Holer/9-Holer Member-Member Shotgun/Luncheon 8:30 a.m.	15	16
17 Mixed Member-Guest Shotgun & Dinner 1:30 p.m.	18	19 9-Holers Play Day	20 Administrative Professionals' Day Buffet 11:00 a.m. to 1:00 p.m.	21 BHWGA Play Day	22 Mixed Doubles Night	23 Men's Member- Member 27-hole event
24 Sunday Scramble 3:00 p.m.	25 Outside Event Challenger/ Champion available 2:30pm shotgun Ladies' Bridge 12:45 p.m.	26 9-Holers Club Championship Round 1	27 BHWGA Club Championship Round 1	28 BHWGA Club Championship Round 2	29	30 FootJoy Fitting Day



Congratulations to
JASON DAY
2016 Champion
Arnold Palmer Invitational
Presented By MasterCard

Welcome New Members

Please join us in welcoming the following
new members to the Bay Hill Club:

Barry & Vicki Curran
Resident Corporate Golf

Kirk & Gretchen Forsyth
Non-Resident Golf